



MIT S

MADANAPALLE INSTITUTE OF TECHNOLOGY & SCIENCE

(Deemed to be University under section 3 of UGC Act, 1956)
Madanapalle-517325, Andhra Pradesh, India.



A Report on
"Fun Wellness Activities – Blindfold Race & Balance Blitz"
Organized by
MITS Wellness Club
in association with
MITS UHV Cell
on 21.02.2026



Report Submitted by: **Dr. Jagadeesh Babu Bellam, Assistant Professor, Department of Physics.**

Activity: **Fun Wellness Activities – Blindfold Race & Balance Blitz**

Venue: **Open Auditorium, MITS**

Number of Participants: **30 students from various branches**

Mode of Conduct: Offline
Report Received on 07.03.2026.

About the Event

The MITS Wellness Club in association with the UHV Cell organized a fun wellness activity for students on 21 February 2026 at the Open Auditorium. The event aimed to encourage team spirit, trust, communication and stress relief among students through engaging recreational activities.



Activities Conducted

Blindfold Race: Students participated in pairs where one participant was blindfolded and the other guided them through a path marked using cones. The activity highlighted trust, listening skills and teamwork.

Balance Blitz: Students worked together to complete balance-based tasks which required coordination, patience and group cooperation.



Outcome

The activity created an enthusiastic atmosphere among the students and helped them develop better coordination and bonding. Such events contribute to mental well-being and promote healthy interaction among students.



With regards,
Dr. C. Kamal Basha, M.E., Ph.D.

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